

Your Name: ..... Course: 20..... Group: .....

Trace lines in red at lunch time and dinner time, or according to your study/work timetable.

Jot down time (e.g. 10') + skill/activity (L&R). You can add stars/asterisks with footnotes, to expand the info, or add the name of the podcast or book or exercise you did!

**Key:** L = Listening, L/W = Listening/Watching, R = Repeating, S = Speaking, SM = Speaking-Monologues, R = Reading, RA = Reading Aloud, W = Writing, Rev. = Reviewing/Revising (notes, sentences), Sng = Singing, T = Talking

## Learning English - Weekly Schedule/Timetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10' L 5' L&R						